



### SOCIETY FOR PROMOTING RURAL EDUCATION AND DEVELOPMENT

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### 1. COMMUNITY HEALTH & NUTRITION

### 1.1 For effective Functioning of Sub centers:

### **Activities:**

- Meetings at Village level
- Discussions with PRIs at village level and Panchayat level
- Presenting the issues at GP nodal meeting
- Discussing the issues in blocklevel nodal meeting by the PRIs and project staff
- Health Sector meetings attended by the project Staff

### **Key Achievements:**

- All sub centres have been filled with female and male health workers
- 3 Female health workers staying at the centre point and doing needful, medical instruments have been provided to all 4 sub centres.
- Water and electricity facility has been provided to all 4 sub centre.
- All 4 sub centres has ANM quarters attached with the centre.
- 3 sub-centres function weekly 5 days and other for one 3 days
- 2 female health workers have been appointed this year.
- Out of 1450/874 households, 5360/2572 community members out of 54 /33 pregnant and out of 49/39 lactating, out of 450/146 adolescent have availed the services of Sub centre during this year
- 30 nos of 0-5 children age, 24nos of mother and 19 other people referred through Sub center to DHH,CHC & PHC.
- Now all necessary kits like table weight machine, rack for medicines are available in 18 VHND points.

### 1.2 Mothers regularly avail the services of ANC /PNC

- Participation in sector meetings by project staff and presenting the status of VHND
- Create awareness among community through village meetings
- Meetings with ANM, ASHA, AWW and request them to regularize the VHND activity
- Meetings with mother groups and discussion with them on importance of ANC and PNC
- Monitoring visit by PRI members to VHND point
- Breastfeeding week observation
- Meeting with mothers and session on exclusive breastfeeding
- Tracked colostrum feeding through home visits of newborn families

- Organize baby shows
- Awarded the mother who has a healthy child through healthy practice
- Sharing of best practices of awarded mothers in various forum.
- Sessions taken by ANM, Male health worker, AWW and project staff at VHND point

### **Key Achievements:**

- Out of 81 new births 52 completed ANC, 54 completed PNC (64% pregnant mothers completed ANC and 71% mothers completed PNC this year)
- 98.76% institutional delivery has been recorded (Out of 81 deliveries 80 are institution based.)
- 94% live birth cases have been recorded and 6% still births (out of 81 delivery 5 still birth cases recorded).
- Govt. institution delivery has recorded 84%
- Home delivery has recorded 1.23% and others in private.
- 39% mother completed the service at Maternity Home (Out of 81 delivery 32 mother completed the service at Maternity home)
- Introduced a community monitoring tool to monitor the VHND in 18 VHND points. As a result during VHND awareness a banner is used by the ANM and sessions are taken by the health workers and AWW.
- Out of 81 delivery 32 mothers completed the service of Maa gruha
- 1<sup>st</sup> trimester registration has been recorded 100%
- During this year 52 out of 81 pregnant mothers, 236 out of 263of 0-3 year children (141) out of 362 Adolescent girls participated in VHND.
- New member has been selected for 18 GKS
- Meetings have been conducted in 6 GKS along with record update.
- Demand raised and placed on sanitation by the villagers to GKS member
- Village level meetings with the GKS members have been conducted and discussions on financial management held.
- All 21 ICDS cnters providing hot cook meal as per new menu chart to 3-6 year children but morning snack is not given to the children in only one ICDS centre.
- Now all necessary kits like table weight machine, rack for medicines are available in 18 VHND points.
- Mothers got a platform where they got a chance to interact with others and know about themselves as well.
- 100% colostrum feeding and exclusive breastfeeding has been recorded this year.
- Concept of healthy child has been felt by mothers
- A competitive mentality has developed among the mothers

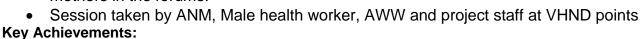
### 1.3 Mothers regular avail the service of ANC /PNC

- Attending the monthly sector meetings and updating the status of Sub center and VHND and sub centers
- Meetings with GKS for effective implementation of VHND
- Update status of VHND in sector meetings
- Create awareness among community on importance of VHND.

- Initiative taken by GKS and PRI for HB test of Adolescent girls
- Monitoring visit by GKS member to VHND for mobilizing target groups towards attending the VHND session
- ensure the accessibility of Nutrition food according to new menu chart of ICDS by community.
- Community monitoring tool designed to monitor the VHND.
- Interaction with ANM, ASHA, AWW and motivate them to maintain the norms of ANC/PNC
- Energize mother groups to motivate PM /LM to attend VHND.
- Meetings with kishori mandals and motivate them to attend VHNDc

### 1.4 Exclusive breast feeding and colostrum feeding practice tracked and ensured development.

- Participation in sector meeting by project staff and present the status of VHND
- Create awareness among community through village meetings
- Meeting with ANM, ASHA, AWW and request them to regularize the VHND activity
- Meeting with mother groups and discussing with them on importance of ANC and PNC
- Monitoring visit by PRI members to VHND points
- Breastfeeding week observation
- Meeting with mothers and sessions on exclusive breastfeeding
- Tracked colostrum feeding through home visits of newborn families
- Organize baby shows
- Awarded the mother who has a healthy child through healthy practice
- Sharing of best practices of awarded mothers in the forums.



- Out of 81 new births 52 completes ANC, 54 completed PNC (64% pregnant mothers completed ANC and 71% mothers completed PNC this year)
- 98.76% institutional delivery has been recorded (Out of 81 deliveries 80 are in institution,)
- 94% live birth cases has recorded and 6% still births (out of 81 delivery 5 still birth cases recorded).
- Govt. institution delivery has recorded 84%
- Home delivery has recorded 1.23% and others recorded in private
- 39% mother completed the service of Maternity Home (Out of 81 delivery 32 mothers completed the service of Maternity home)
- Introduced a community monitoring tool to monitor the VHND in 18 VHND points. As a result the tool is used by ANMs for creating awareness.



- Out of 81 delivery 32 mother completed the service of Maa gruha
- 1<sup>st</sup> trimester registration has recorded 100%
- During this year 52 out of 81 pregnant mother, 236 out of 263 of 0-3 year children and 141 out of 362 Adolescent girls have participated in VHND.
- New members got selected for 18 GKS
- Meetings have been conducted in 6 GKS along with record update.
- Demand of sanitation work by the villagers to the GKS
- Village level meetings with the GKS members and discussions held on financial management.
- All 21 ICDS providing hot cook meal as per new menu chart to 3-6 year children but morning snack is not given only in one ICDS centre.
- all necessary kit like table weight machine, rack for medicines are available in 18 VHND point
- · Mothers got a platform to compare themselves with other mothers and learn from each other
- 100% colostrum feeding and exclusive breastfeeding recorded this year.
- · Concept of healthy child understood by mothers
- A competitive mentality has developed among the mothers

### 1.5 Adolescent health being prioritized in villages with effective implementation of govt. Schemes of SAG.

### **Activities:**

- Discussions with Mobile health units
- Meetings with CDPO/ Supervisor
- Collection the list of adolescent girls who are out of schools
- Discussions with AWW
- Progress tracking
- Discussions with ANM and CHC staff to technical assistance
- Hand washing practice in 14 day school and 5 residential schools
- Attend the IFA day of School by the project staff

- 152 pre-school children received RBSK health checkups and health card this year, as per last year data 292 preschool children had received.
- 292 school children received the health checkups and health card service this year last year the number was 620.
- 13 nos of 0-5 children referred through RBSK to CHC
- Hand wash practiced in 14 schools and 3 residential school and 1218 school children has participated in the session, staff facilitated the programme.
- HB tests conducted for 74 adolescent girls and found 37 are in yellow and 37 are in red zone and no one in green. Though the severity increased 50% being in mild category.
- Out of 74 studied cases, 41.89% cases are having HB above 10.
- Out of 74 Studied cases 58% having HB below 10
- 25.67% are showing HB below 9.
- 10% cases are showing HB 8 and below
- 4% are below 7 ( HB).

- 1664 school children and 254 preschool children participated in the hand wash campaign.
- 87% of adolescent girls consumed IFA on regular basis

### 1.6 Nutritional status among 3-6 children.

### **Activities:**

- Hand wash practiced at ICDS centers
- Training to Adolescent girls on Women and child related govt. schemes
- Monitor the THR and HCM by the PRI members and JC/MC
- Staff support in Deworming session
- Promote Kitchen garden
- Monitor the HCM
- Growth monitoring of children during VHND
- Strengthen the ICDS

### **Key Achievements:**

- 1664 school children and 254 preschool children participated in the hand wash campaign.
- 12 nos of children received double ration
- Only 79% of 3-6 children received HCM (Out of 313 / 246 Nbr)
- 97% of 3-6 children availed De-worm medicines during this year (Out of 313/305 has availed)
- 17% Completed immunization
- 46 mothers received the 1<sup>st</sup> instalment of Mamata Yojana a sum of Rs.36\*3000.00 = 136000.00, 2<sup>nd</sup> instalment 13\*2000.00= 26000.00
- JSY received by 80 mothers\*1400.00= 112000.00

### 1.7 Referral of malnourished children to NRC.

- Regular growth monitoring with the support of ICDS workers
- Sharing of child's nutritional status with the mothers
- Refer malnourished children to NRC and CHC
- Home visits of SAM and MAM child
- Cooking process demonstration at weekly markets and villages
- Mothers counselled by adolescent girls for appropriate feeding practice
- Awareness to use local and traditional food to children
- Develop benefit tracking chart for families having children from 0-5
- Ensure double ration to SAM children
- Develop Kitchen garden in SAM families



### **Key Achievements:**

- Percentage of SAM children reduced to 7.97%
- Percentage of MAM children to 28.83%
- 63% were normal children
- 1 SAM child referred to NRC
- Feeding practice of SAM and MAM children were found to be changed through home visits and regular counseling
- In 1012 families planted local and indigenous varieties of paddy this year.
- Home use of the vegetable produce by the families in their daily food menu consumed along with selling in the market.
- Using of local rice, local dal and special focus to Ragi in their daily food menu.
- Total 982 families developed kitchen garden during this year
- 12 nos of children received double ration

### 1.8 Promotion of Traditional local food intake

### **Activities:**

- Campaign by adolescent girls on know your food and grow your food.
- Develop kitchen garden through campaign mode.
- Village meetings on local food production and consumption
- Discussion with Pila Panchayat members on their health needs
- Create awareness among community on millet based food and its nutritional value as well as green vegetables.
- Continuing of Moringa (drumstick)moment by adolescent girls

- Special Sessions with adolescent girls of 5 residential school developed a sense of use green leaves specially moringa leaves and types of food they should consume for their health benefit.
- 566 adolescent girls oriented on health need, personal hygiene and menstrual hygiene. 100% adolescent girls of residential schools are using sanitary napkins.
- Campaign through adolescent girls creates awareness among community on millet based food, green vegetables
- 982 families developed kitchen garden... 300 adolescent families planted moringa
- Using of moringa leaves and green vegetables in 300 adolescent families
- Use of of green vegetables in 982 families.

### 1.9 Adolescent girls on self- development and empowerment

### **Activities:**

- 29 adolescent group has formed among 452 adolescent girls
- Monthly meetings of adolescent groups
- Life skill training to adolescent groups
- Skit play by adolescent girls on say no to early marriage
- Adolescent festivals organized among 100 adolescent girls
- Orientation to adolescent girls on different govt. mother and child related schemes.



### **Key Achievements:**

- 100% adolescent girls using sanitary napkin
- 1.44 % early marriage cases recorded ( 6 out of 415)
- 37% of adolescent girls participated in VHND
- Using of iron tablets among adolescents (92%).
- Involvement of adolescents in SHG and helping them in documentation, meeting organize etc.



 A cultural team has been developed among the adolescents and they are creating awareness on early marriage through role play at all project villages

### 2. Collective Action For Nutrition [ APPI]

### **Key Activities:**

- Interface Meeting with Dist Admin on SA Finding
- Process documentation on SA & Community Monitoring
- District Level interface with Dist. Administration & CSO
- Visual Documentary at Project Level
- Development of IEC Material development
- Books &Periodicals for Resource Centres
- Meeting with Traditional Leaders from Bonda
- Observation of National Days
- Special Drive for Malnutrition Mapping in PVTG Area
- Survey on WASH in Project Area
- Facilitation social Audits in 240 Gram Panchayats in collaboration with Grampanchayat.

### **Programme With Person with Disabilities & caregivers**

- Meetings facilitated by staff at Cluster/block level and involving carers, disabled and mentally ill family members and local acting groups (DPO Leader & PRIs); information sharing via IEC materials.
- 3days Training on Organization
   Development, resource mobilization, networking,
   Advocacy and skill needed for group process for 2 representatives from 25 Carers groups. Carers association leaders and field staff
- Block Level Federation Formed
   Within Each Locality



- Quarterly meetings of each cluster level groups and the Carers Association held,
   which is attended by representatives from the 25 carers groups, facilitated by staff
   & community mobilizers with training on participatory governance.
- Annual Carers Day held each year in the first 2 years and Carers week in the 3rd year with the aim of creating awareness of the needs and rights of carers and achieving recognition and subsequent policy changes for the carers (250 Carers represented from each organization)
- Meetings facilitated by staff, carer and DPO representatives and targeting district level government officials of health, rural livelihoods, women and child and social welfare departments and representatives from other NGOs to raise the issue of carers, the disabled and the mentally ill, their needs and the ways in which each department/NGO can include carers into their schemes and programmes
- Medicines and counseling support for carers
- 150 carers provided with training required on livelihood
- 67 carers provided with tools/equipment's required to pursue their livelihood via access to micro finance (The sum of Amount 2,01,000 direct support cost to carers as revolving fund)
- Establishment of alternative care provision to enable carers to pursue livelihood/training:
- Documentation of carers voices from consultation meetings, documentation of life stories and annual participatory project review meeting with carers, facilitated by CW and partner organizations
- Dissemination of Information

### 3.1 Mental Health Programme

SPREAD is working with 350 Mental ill & epilepsy patients in 20 Grampanchats of Baipariguda block of Koraput district..

- Capacity Building of Staff and Multi -Stakeholders
- Community Awareness Raising
- Treatment of MI &epilepsy patients with monthly follow-ups.

### ANNUAL AUDIT REPORT

	Amount in 21,63,928.00	14.95,859.09 6,300.00 36,66,087.09	
	Amount in . 261.64 3,10,063.95 8,35,743.79	44,067.00	
	SCH.NO 11 8	21	
SOCIETY FOR PROMOTING RURAL EDUCATION AND DEVELOPMENT (SPREAD) L/3, KALPANA SOUARE, BHUBANESWAR-751014 FIELD OFFICE : JANIGUDA, KORAPUT	CONSOLIDATED BALANCE SHEET AS ON 31.03.2020  Amount in	2 AXIS Bank, Koraput, A/c.No - 916010046471809 TDS Receivable Loans and Advances Advance to Staff	For D.M. Associates, Chartered Accountants Fave No. 20066 CA. Tapan Kumdr Mohapatra, Parting Memership Not. 301308
TOTING RUR CALPANA SO FIELD OFFICE	2,43,170.00	9,34,405.00	
SOCIETY FOR PRON.	CONSG Amount in - 2,45,804,00 3,634,00 3,05,37,418,66 2,80,48,906,57		To Charles
, •	5CH.NO	9	
	Capital Grant in Aid (Against Acquisition of Fixed Assets ) Opening Balance Less : Depreciation General Fund Opening Balance Less : Depreciation General Fund Copening Balance Less : Duver Spent of Grant for the Year Current Liabilities & Provision		Date: 9th October, 2020 Place: Bhubaneswar UDIN: 20301308AAAAAJ3400

### SOCIETY FOR PROMOTING RUFAL EDUCATION AND DEVELOPMENT (SPREAD) L/3, KALPANA SCUARE, BHUBANESWAR-751014 FIELD OFFICE : JANIGUDA, KORAPUT

# CONSOLIDATED INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDING ON 31.03.2020

Amountin	45,78,335.00 3,47,142.00 2,91,187.00 2,80,48,906.57	
Amount is		
INCOME	By GRANT - IN - AID : Revenue By Bank Interest 36,550.00 By Over Spent of Grant during the Period 36,230.15 transferred to Balance Sheet 35,202.00	
Amount in	8y GRANT - IN	
Amount in	2,52,69,566.00 45,50,046.00 28,27,966.42 3	
EXPENDITURE	To Programme Expenses To Salary Expenses To Administration Expenses To Maintenance Cost of Biomass Gracifier Unit To PWD Social Audit	

3,32,65,570.57

3,32,65,570.57

Chartered Accountants For D M Associates,

CA. Tapan Kemaf Mohapatra, Memership No: 301308



Date: 9th October, 2020 Place: 8hubaneswar UDIN: 20301308AAAAJ3400

### SOCETY FOR PROMOTING RURAL EDUCATION AND DEVELOPMENT (SPREAD) L/3, KALPANA SOUARE, BHUBANESWAR -751014 FIELD OFFICE : JANIGUDA, KORAPUT

## CONSOLIDATED RECEIPT AND PAYMI

		Amount in	3,19,03,714.42	36,230.15	12,90,122.00	44,047.00				14,24,062.09	3,48,01,035.66
		N	41,38,344.00				261.64	3,10,063,95	2,33,985.71	44,007.00	
	9	SCH.NO 4	n w		12 13	d	0				
STATE OF THE VEREIN AND PAYMENT ACCOUNT FOR THE YEAR ENDING ON 31 03 2000	Amount in P A v M E M T	By Programme Expenses By Salary Expenses	10.0004.4004.0	6		6 6	Cash in Hand Cash at Bank :	SBI,Koraput - A/c.No - 11190086034 SBI,Koraput - A/c.No - 11190086045	SBI, Bhubaneswar - A/c.No - 10977511997 AXIS Bank, Koraput	3,48,01,035.66	
STATE OF THE PARTY	SCH.NO Amount in	1	2,88,67,544,16	2		7 Salventer and Color	further Change				
	RECEIPT	To Opening Balance B/d: Cash in Hand	Cash at Bank - Koraput Cash at Bank - Bhubaneswar	Revenue	rest mest	automic automic action					
		To	4	2	To						

Place: Bhubaneswar UDIN: 20301308AAAAAJ3400

Date: 9th October, 2020

Chartered Accountants For D M Associates, FRN No: 320306E CA. Tapan Rumar Mohapatra, Memership No: 301308 Partner

